### RULES OF THE ROAD

1. It’s your responsibility to learn and abide by the local bicycle laws and regulations. California requires all children under age 18 to wear a safety helmet. As a bicyclist, you are required to obey the same traffic laws as the driver of a vehicle.

2. You are sharing the road with others – motorists, pedestrians and other cyclists. Respect their rights, and be tolerant if they infringe on yours.

3. Ride defensively. Don’t assume other people on the road know you’re there.

4. Look ahead so where you’re going and be ready to avoid:
   - Vehicles slowing or turning in front of you, entering the road or your lane, or coming up behind you.
   - Pedestrians stepping out in front of you.
   - Children playing near the road.

5. Never ride with headphones; they mask traffic sounds and sirens, and distract you from concentrating.

6. Never carry a passenger, unless it’s a small child wearing an approved helmet and secured in a correctly mounted child carrier.

7. Never carry anything that obstructs your vision or control of the bicycle, or that could become entangled in the moving parts of the bicycle.

8. Never hitch a ride by holding on to another moving vehicle.

9. Don’t do stunts, wheelies or jumps; they can cause injury and damage your bicycle.

10. Don’t weave through traffic or make any moves that could surprise other people on the road.

11. Never ride your bicycle while under the influence of alcohol or drugs.

12. Avoid riding in bad weather, when visibility is obscured, at dusk or in the dark, or when extremely tired. These conditions increase the risk of an accident.

13. Always perform a mechanical safety check of your bike before riding.

14. Be thoroughly familiar with your bike’s controls. Know and practice the rules of safe and responsible riding.

### ONLINE

For more information regarding Bike Trails & Parks visit www.PlayInLaQuinta.com